

# Is it Time to Move into Assisted Living?



**Being part of family is one of life's greatest gifts but as loved ones start to age, we may be called on to care for them. Consequently as much as we want to be there for those we love, it's not always easy to do with the virtually unending demands of our daily lives. We are here as a resource to help simplify for search for care options.**

## **Here are some signs that it may be time to start looking for assisted living:**

- Increased falls or concern about the risk of falling. Bruising more frequently
- General confusion, disorientation in time or place.
- Frequent medication mistakes, wrong dosage or forgetting.
- Wandering from home despite preventions put into place.
- Unintended change in weight. Not eating or drinking regularly.
- An unsafe or unclean home environment.
- Unsafe behavior- leaving stove or appliances on or exterior doors left open.
- Neglecting or changes in personal hygiene. Wearing the same clothes for several days.
- Asking the same question over and over.
- Need for nighttime supervision that can't be met by in-home caregiver.
- Getting lost in familiar surroundings.
- Losing touch with friends and lack of socialization.

- Becoming paranoid of others or accusing others for missing items.
- Difficulty maintaining finances- unpaid bills, unopened mail.
- Challenges with pet care.
- Neighbors or others comforting family about concerns.
- Not allowing people into their home or missing routine appointments..
- Are they expressing feelings of loneliness.
- Are you feeling concerned about their safety living alone?
- Is the general upkeep of a home becoming too much for them to maintain?
- Is there expired food in the fridge?
- Are they expressing a desire to be around others to socialize with?

Starting the senior living journey can be a challenging and overwhelming step, but please know that you don't need to do it on your own. Our service is **FREE** and our Experienced Elite Care Team is committed to listening to your needs, understanding the type of lifestyle that makes you comfortable whether for yourself or your loved one.

We are **NOT** a franchise and are family owned and operated with over 30 years of combined experience working in the senior living industry in NE Florida. **Let our Family help your Family Today!**



ELITE CARE CONSULTING

FAMILIES HELPING FAMILIES • A FREE REFERRAL AGENCY

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